

## 2. Crossduathlon der LLG Wonnegau - 04.03.2010

07.03.2010

Kurzcross

13:27:07

### Vorläufige Ergebnisse Duathlon

Anzahl Datensätze: 29

Pl.(total)	Pl.(AK)	AK	StartNr	Name	Verein	Laufen 1	Radfahren	Laufen 2	Gesamtzeit
1	1	Herren	0179	Marc Prins	carver-racing-team	00:13:02,41	00:14:38,72	00:06:40,88	00:34:20,88
2	2	Herren	0156	Werner Waschkowsky	LLG Wonnegau	00:13:10,28	00:14:52,83	00:06:44,27	00:34:46,27
3	3	Herren	0152	Gerald Fuchs	Bad Schönborn	00:13:49,44	00:14:58,03	00:07:05,99	00:35:52,99
4	4	Herren	0158	Gerd Weil	LLG Wonnegau	00:14:00,30	00:14:56,36	00:07:14,62	00:36:10,62
5	5	Herren	0151	Hans-Willi Freiburger	LLG Wonnegau	00:12:50,31	00:16:36,84	00:06:48,53	00:36:14,53
6	6	Herren	0167	Felix Eckenfels	Poseidon Worms	00:15:11,94	00:15:45,91	00:08:13,88	00:39:09,88
7	7	Herren	0168	Mike Palizynski	Worms	00:15:31,31	00:21:26,61	00:07:52,55	00:44:49,55
8	8	Herren	0175	Dierk Eberle	LLG Wonnegau	00:16:41,09	00:20:13,89	00:08:10,47	00:45:04,47
9	9	Herren	0178	Eckstein Bernd	TV 1883 Bischofsheim	00:15:29,92	00:21:59,78	00:07:52,21	00:45:20,21
10	10	Herren	0159	Timo Hartmann	LC Bingen	00:15:28,80	00:22:06,72	00:08:20,84	00:45:54,84
11	11	Herren	0162	Sascha Petrus	LLG Wonnegau	00:18:10,02	00:19:17,64	00:08:34,34	00:46:01,34
12	12	Herren	0164	Rolf Baust	TV-Dielheim	00:16:24,53	00:21:26,28	00:08:13,79	00:46:03,79
13	13	Herren	0163	Thorsten Lamoth	LC-Bingen	00:16:48,92	00:20:46,34	00:08:34,66	00:46:08,66
14	14	Herren	0166	Magnus Eckenfels	Poseidon Worms	00:15:56,08	00:21:35,28	00:08:45,81	00:46:16,81
15	15	Herren	0150	Andreas Ziemer	Poseidon Worms	00:16:53,83	00:21:00,23	00:08:31,39	00:46:24,39
16	16	Herren	0176	Guido Eberle		00:16:47,06	00:20:37,92	00:09:33,17	00:46:57,17
17	17	Herren	0171	Markus Temlak	kurz und flach	00:17:17,42	00:20:55,58	00:08:53,50	00:47:05,50
18	18	Herren	0177	Hermann Schmöller		00:19:26,38	00:19:21,45	00:08:47,05	00:47:34,05
19	19	Herren	0157	Peer Pross	Bikeprinz Testfahrer	00:18:11,09	00:20:24,22	00:09:27,25	00:48:02,25
20	20	Herren	0172	Stephan Glanzner	MGV Germania 1898 Lorsch	00:19:35,09	00:19:10,89	00:09:20,74	00:48:05,74
21	21	Herren	0180	Udo Seibel	LLG Wonnegau	00:19:02,48	00:19:25,69	00:09:46,96	00:48:13,96
22	1	Damen	0153	Sonja Baust	TV-Dielheim	00:19:30,59	00:21:35,42	00:10:30,41	00:51:35,41
23	22	Herren	0173	Werner Schmitt	SV Flörsheim-Dalsheim	00:18:47,86	00:23:56,58	00:09:38,10	00:52:21,10
24	23	Herren	0170	Thilo Fröhlich	Ludwigshafen	00:18:52,22	00:23:50,38	00:10:11,41	00:52:53,41
25	2	Damen	0161	Carmen Cloos	LLG Wonnegau	00:19:32,92	00:23:26,25	00:10:14,85	00:53:12,85
26	3	Damen	0160	Tina Neu	LLG Wonnegau	00:19:31,97	00:23:26,77	00:10:17,24	00:53:14,24
27	24	Herren	0181	Rainer Neu	LLG Wonnegau	00:19:33,94	00:23:40,67	00:11:47,99	00:55:00,99
28	25	Herren	0182	Radu Brancoveanu	F8 Lotus Expedia	00:19:17,44	00:25:22,95	00:10:30,77	00:55:09,77
29	4	Damen	0169	Carmen Döhnert	Alfterer SC	00:23:44,36	00:22:24,95	00:13:26,70	00:59:34,70

## 2. Crossduathlon der LLG Wonnegau - 04.03.2010

07.03.2010

Langcross

13:28:34

### Vorläufige Ergebnisse Duathlon

Anzahl Datensätze: 40

Pl.(total)	Pl.(AK)	AK	StartNr	Name	Verein	Laufen 1	Radfahren	Laufen 2	Gesamtzeit
1	1	M30	0047	marc-philipp prins	carver-racing-team	00:18:42,64	00:38:46,77	00:13:03,08	01:10:31,08
2	2	M30	0003	Daniel Blankenfuland	LLG Wonnegau	00:18:37,58	00:40:07,64	00:13:37,38	01:12:21,38
3	1	M40	0038	Thomas Heider	TSG Maxdorf	00:19:33,11	00:41:14,00	00:13:46,87	01:14:33,87
4	2	M40	0061	Rudi Döhnert	Runners Point Worms	00:19:48,86	00:40:46,56	00:14:32,81	01:15:06,81
5	3	M40	0055	Klaus Schläfer	TPSV Enkenbach	00:18:46,44	00:43:30,53	00:14:30,33	01:16:46,33
6	4	M40	0072	Tilo Becker	MRW Frankfurt	00:22:03,30	00:40:15,38	00:15:13,30	01:17:31,30
7	3	M30	0006	Joachim Schmid	MTG Mannheim	00:21:14,81	00:42:06,67	00:14:48,07	01:18:08,07
8	5	M40	0063	Stefan Malo	LC Donnersberg	00:20:46,13	00:43:51,56	00:14:34,28	01:19:11,28
9	6	M40	0022	Wolfgang Liedtke	TSV Schmiden/activity-racing-t	00:21:05,59	00:44:20,09	00:13:52,88	01:19:17,88
10	7	M40	0050	Volker Mergen	SSC Karlsruhe	00:20:33,66	00:43:54,78	00:14:55,06	01:19:22,06
11	8	M40	0039	Rüdiger Kranz	Bennhausen	00:20:34,39	00:43:56,72	00:14:53,72	01:19:23,72
12	4	M30	0009	Andre Kuhn	TSG Grünstadt	00:21:17,13	00:44:15,67	00:13:57,08	01:19:29,08
13	9	M40	0057	Gerhard Lippert	Mainzer Radsportverein	00:21:36,52	00:43:44,45	00:15:07,53	01:20:27,53
14	1	M50	0023	GISBERT DRUMM	RSC ZWEIBRÜCKEN	00:22:27,44	00:45:10,19	00:15:40,66	01:23:17,66
15	10	M40	0044	Andreas Keppler	Fahrenbach	00:22:11,28	00:46:19,86	00:15:10,05	01:23:40,05
16	5	M30	0045	Matthias Krupp	LC Bingen	00:21:37,56	00:46:48,70	00:15:32,10	01:23:57,10
17	11	M40	0073	Wolfgnag Seyfried	Team IFBRT	00:24:14,92	00:45:22,61	00:16:05,79	01:25:41,79
18	12	M40	0054	Andreas Hippler	LG MuLi	00:21:52,73	00:48:29,63	00:16:04,08	01:26:25,08
19	1	HK w	0004	Britta Etzbach	LLG Wonnegau	00:23:04,23	00:47:15,78	00:16:13,94	01:26:32,94
20	13	M40	0043	Gerald Fuchs	DUV-Kirchheimbolanden	00:24:52,97	00:45:52,16	00:16:12,19	01:26:56,19
21	1	Jugend männlich	0065	Johannes Brendel	RV-Falke Göllheim	00:25:29,91	00:43:21,36	00:18:33,99	01:27:23,99
22	1	HK m	0028	Daniel Pietrusky	Team Erdinger Alkoholfrei	00:23:35,42	00:48:44,95	00:15:31,32	01:27:50,32
23	14	M40	0052	Jürgen Albert	All-Um-Bar Lorsch	00:23:29,16	00:48:48,03	00:16:31,76	01:28:48,76
24	1	W40	0060	Ulrike Blank-Peters	LC Bingen	00:23:29,53	00:49:31,91	00:17:17,59	01:30:17,59
25	1	W30	0036	Kati Rudolph	Soprema Team MTG Mannhei	00:23:24,98	00:50:41,84	00:17:09,16	01:31:14,16
26	2	M50	0071	Hardy Lessmeister	1. FC Kaiserslautern	00:24:44,66	00:49:43,33	00:17:08,83	01:31:35,83
27	15	M40	0014	Stefan Ebert	TSG Grünstadt	00:23:46,28	00:51:49,70	00:16:22,48	01:31:57,48
28	1	M60	0058	Alfred Hoch	LLG Wonnegau	00:24:34,41	00:51:08,38	00:16:51,71	01:32:33,71
29	16	M40	0002	Jörg Kaiser	Tri Sport Saar Hochwald	00:23:55,25	00:51:35,67	00:17:41,07	01:33:11,07
30	17	M40	0053	Matthias Glanzner	TV Lampertheim Triathlon	00:25:10,44	00:51:07,84	00:17:07,44	01:33:24,44
31	6	M30	0066	Matthias Bessai	Kindenheim	00:24:16,41	00:52:07,86	00:17:13,07	01:33:36,07
32	3	M50	0008	Frank Grunert	Team Erdinger Alkoholfrei	00:21:45,20	00:56:54,25	00:15:25,83	01:34:04,83
33	2	W40	0064	Beate Ambacher	Soprema Team MTG Mannhei	00:23:27,23	00:54:46,02	00:16:54,91	01:35:07,91
34	7	M30	0007	Steven Sellmann	MTG Mannheim	00:25:54,72	00:51:41,59	00:18:47,83	01:36:22,83
35	18	M40	0027	Winfried Stöckl	TSG Grünstadt	00:26:20,69	00:54:08,86	00:18:17,86	01:38:45,86
36	4	M50	0046	Hans Jürgen Hoecker	Poseidon Worms	00:27:08,75	00:54:42,36	00:19:24,48	01:41:14,48
37	19	M40	0070	gernot wieland	Poseidon Worms	00:25:18,98	00:57:34,23	00:19:18,95	01:42:10,95
38	20	M40	0015	Michael Hausen	TSG Grünstadt	00:24:58,73	01:00:07,67	00:18:56,47	01:44:01,47
39	5	M50	0067	Reiner Leitsbach	Team Erdinger Alkoholfrei	00:27:06,47	00:54:52,42	00:22:11,66	01:44:09,66
40	3	W40	0019	Silke Will	MTG Soprema Team Mannhei	00:30:41,48	01:04:18,00	00:20:58,29	01:55:57,29

## 2. Crossduathlon der LLG Wonnegau - 04.03.2010

07.03.2010

Staffellcross

13:31:15

### Vorläufige Staffelerwertung

Anzahl Datensätze: 6

Platz(St.)	Platz(St.k)	StartNr	Name	Zeit
<b>Staffel</b>				
1	1	0020	<b>TCEC Mainz</b>	<b>01:15:28,80</b>
		Lauf 1	Arik Gailis	00:19:31,14
		Radfahren	Pascal Böhm	00:42:27,44
		Lauf 2	Arik Gailis	00:13:30,22
2	2	0020	<b>TSG Grünstadt</b>	<b>01:22:18,75</b>
		Lauf 1	Monika Lenz Müller	00:23:12,19
		Radfahren	Frank Heidenmann	00:43:45,36
		Lauf 2	Monika Lenz Müller	00:15:21,20
3	3	0020	<b>SC Poseidon Worms</b>	<b>01:25:41,00</b>
		Lauf 1	Thomas Löcher	00:20:58,41
		Radfahren	Heiko Bott	00:50:35,34
		Lauf 2	Thomas Löcher	00:14:07,25
4	4	0020	<b>Team Willersinn &amp; Lang</b>	<b>01:26:34,22</b>
		Lauf 1	Franziska Willersinn	00:25:42,31
		Radfahren	Gerd Willersinn	00:44:14,00
		Lauf 2	Franziska Willersinn	00:16:37,91
5	5	0020	<b>OMC</b>	<b>01:26:59,15</b>
		Lauf 1	Daniela Karlin	00:22:24,75
		Radfahren	Uwe Schwan	00:49:51,00
		Lauf 2	Daniela Karlin	00:14:43,40
6	6	0020	<b>TVK</b>	<b>01:38:53,96</b>
		Lauf 1	Armin Gödtel	00:25:02,86
		Radfahren	Jürgen Schwarzer	00:56:56,00
		Lauf 2	Armin Gödtel	00:16:55,10